

MASS TIMES AND MASS INTENTIONS

Saturday 31st January - Sunday 8th February

Sat 31st January

(MHR) 6.30pm:

Fourth Sunday in Ordinary Time (A)

People of the Parish

Sun 1st February

(StD) 9am:

(MHR) 11am:

Harry & Irene Rutland R.I.P. - Tim & Janet O'Brien
Alan Lacey - E.Lacey

Mon 2nd February

(MHR) 9.30am:

The Presentation of the Lord
Clem & Margaret & Eddie Leyden - Michael Lenihan

Tues 3rd February

(StD) 9.30am:

St Blaise
Manus Gallher R.I.P. - Ann Carr

Wed 4th February

(MHR) 9.30am:

Feria
NO MORNING MASS

Thurs 5th February

(StD) 9.30am:

St Agatha, V,M
Grandson Finley's Health – Paderes Fam

Fri 6th February

(MHR) 9.30am:

Ss Paul Miki and Comps, MM
Holy Souls
Adoration of the Blessed Sacrament & Confessions

Sat 7th February

(MHR) 6.30pm:

Fifth Sunday in Ordinary Time (A)
Patrick & Bridget Gorman R.I.P. - Joe & Josie

Sun 8th February

(StD) 9am:

People of the Parish
Arthur Peter Murray R.I.P. - Theresa & Patrick

MORNING PRAYER : Before Mass 9.15am on Mon - Fri,

ROSARY: after Morning Mass Mon & Fri (MHR), after Morning Mass Tues and Thurs (StD).

CONFESSON: at MHR (By Request)

PRAY FOR THE SICK OF THE PARISH AND HOUSEBOUND

Brian Angel, Jason Angel, Rita Bracher, Christine, Deborah DiMoriaku, Stacey Doyle, Mary Eckett, Louise Flores, G. Golding, Tania Kavanagh, Daniel Kelleher, Karen Kennedy, Billy Koseda, Luke, Madeleine, Charlotte Massey, Susan Newman, Elsie Pridemore, Dee Skene, William Taylor, Tony Tyres, June Warrington, Eileen Lacey, Andrew White, Lynsey Mitchell, John Barry, Trish Connolly, Fran Manderson, Veronica & John Campling, Sarah Harding, Claire Monkcom, Andy & Doreen, Nadia Bolton, Donna McKearney, Tina Perotti, Brenda White, Ann Carr, Janet O'Brien, Jacqueline Pears and Steve Stripe, Paul Singleton, Mary Boyle, Tom Green, Val Kelleher, Nicky Burgess, Eve Lawrence, Sue Edwards, Stephanie Bedding, Ken Page, Sheila Murphy, Baby Emily, Lydia Luke, Neil Humphries, Pat Humphries, Joseph Exley, Suzanne Bonelli, Elizabeth Yee, Margaret T, Francis and Shaun, Rose Louise McDonagh, Amie Hughes, Will Manderson, Baby Arthur Connolly, Bridget Geraldine Carr, Lukose Vadakara, Matthew, Josie Piper, Bailey Merritt, Chris Lewis, Tracy Stuart, Maisie & Baby, Peter Hayes, Lauren Johnson, Glen Maloney, Josie KirkPatrick.

ANNIVERSARIES WE REMEMBER AT THIS TIME.

Ronald Martin, James Kirkpatrick, Patrick Fitzgerald, Lawrence Henry Duchemin, Fr. Joseph Burns, John Burnham, Savina Cassar, Willie Gabriel, Vincent Cassidy, Jack Ryan, Edward Brain, Con Mulvihill, James O'Shaughnessy, Mary O'Brien, Fr. Eric Blindloss-Smith, Elizabeth Brown, Kathleen Quinn, Annie Morgan, William Mulligan, Lilian Sullivan, Alan Lacey, Grace Elizabeth Hatton, Bridget Gorman, Sheila McGaughey, Peter Dean, Fr. Francis Richardson, Margaret Harris, Ettore John Capocci, Joseph Camelo, Bill Bardhill, Pauline Rose Catell, Harriet Brown, Katie Cassidy, Fr. Alan Wilcox, Peggie & Linol Perchard, Arthur Bristo.

MAY THEY REST IN PEACE

The Most Holy Redeemer Catholic Church

and

St Dominic's Catholic Church



**Most Holy Redeemer
Petersfield Ave
Harold Hill
Romford
Essex RM3 9PB**

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Diocesan Website :
www.mostholyredeemerharoldhill.org.uk



**St Dominic's
281 Straight Rd
Harold Hill
Romford
Essex RM3 7JS**

Fourth Sunday in Ordinary Time (A)

1st February 2026

First Reading: Zephaniah 2:3, 3:12-13 **Second Reading:** 1 Corin 1: 26 - 31 **Gospel:** Matthew 5:1-12a
In today's Gospel, Jesus presents us with what are known as the Beatitudes. The word beatitude literally means "happiness", "fortunate" or blessedness." Jesus' way of happiness, however, demands a conversion of heart which can only come about through the gift of the Holy Spirit.

The beatitudes are a kind of recipe for happiness. It is important and remarkable to note, that they are not instructions as to what we must do, or not do, like the Ten Commandments. They are concise and brief sketch of what a Christians is. They comprise basic attitudes and values.. This is a necessary reminds that Christianity is more about the sort of person we are than a set of rules to be kept. What we do flows from who we are. Jesus taught us that what we have to change, with God's help, is what we are.

Today's Gospel, shows that God is there for everyone in every part of their life. In the ordinary times when we are faced with trials and tribulations, God is with us. It is in those places we do not expect to meet God that God draws near to us. No matter what we do, or don't do, God is always there with us all. And so we could run through a list of people whom the world might perceive as God-forsaken-the poor, those who mourn, the hungry, the persecuted-and Jesus tells us that all these are blessed in God's sight.

God meets us in our weakness, in our sadness, in our hunger for salvation and in our attempts to do what is just and right. God meets us in our pain and suffering when we are persecuted. God meets us in the cross that we share with Jesus. We meet God in many special ways, places and times in our lives, and often when we least expect. All that is asked of us is that we trust and believe in God.

SPIRITUAL AND PASTORAL CARE AT THE QUEEN'S HOSPITAL - If your loved one is admitted to Queens hospital, please inform the nurse at reception desk that they are catholic and would like to receive Holy Communion. The reception can page the duty catholic priest at anytime to arrange for a visit.

SUNDAY COFFEE MORNING - Join us for coffee morning this Sunday, following the 11am Mass in St. Anthony's Hall at the Most Holy Redeemer Church, Harold Hill. We will be celebrating Fr. Gerald's birthday, and every one is warmly invited to come along.

ST FRANCIS HOSPICE-APPEAL HUGH THANK YOU - Thank you to everyone who donated used stamps. The appeal was very successful, and the stamp box will remain at the back of the Church.

VISIT OUR PARISH REPOSITERIES! - After Mass, please stop by the back of the church at either parish. We have a wonderful selection of cards and gifts - perfect for presents - rosaries, candles and more. If you need any assistance please see Theresa (MHR) or Marian (STD). Thank you for your continued support of both parishes!

DIOCESAN SECOND COLLECTION RACIAL JUSTICE - There will be a Diocesan second collection this weekend for Racial Justice after all Masses. Thank You for your generosity and continued support.

DIOCESAN SECOND COLLECTION LOURDES SICK & HELPERS PILGRIMAGE FUND- There will be a Diocesan Second Collection **NEXT Sunday 8th February** for Lourdes Sick & Helpers Pilgrimage Fund after all Masses. Thank you for your continued support.

GIFT AID: Gift Aid is a scheme whereby charities can reclaim from HMRC 25p for every pound donated by taxpayers. On average, MHR & StD have been able to reclaim approximately £ 8,268 per year via this scheme. This is a valuable source of income for the parish. If you are a taxpayer and regularly contribute either by Loose Plate Collection or Standing Order and have not yet signed up to this scheme, please consider doing so. There are forms at the back of the church which can be completed and handed back Any queries please contact Marian Rowley or Fr. Joseph.

FIRST HOLY COMMUNION CLASSES - The First Holy Communion Classes continues this Thursday from 6.30pm to 7.30pm in St. Georges hall at the Most Holy Redeemer Church.

CONFIRMATION CLASSES - Confirmation Classes will begin on **Saturday 7th February** from 10.30am to 12.30pm in St. Georges hall at the Most Holy Redeemer Church. Please make sure you arrive **15 minutes early** so that the class can begin on time. For further details see Francesca Uche.

THE R.I.C.A PROGRAMME CONTINUES - The RCIA sessions will continue on Saturday 14th February at 11am in St. Anthony's Hall at Most Holy Redeemer Church, Harold Hill.

ADVANCE NOTICE - There will be **NO MASS** at 9.30am (MHR) on **Monday 23rd February** as a Requiem Mass for Cecilia Po Choo Thompson will be held at 11am.

RECENT BEREAVEMENT - Ms. Ann Elizabeth Hanley aged 58 sadly passed away peacefully on 1st January . Her Requiem Mass will be held at **St. Dominic's Church, Harold Hill on Tuesday 10th February at 9.30am** followed by **Forest Park Crematorium for committal at 11am**. Please remember Ann and her family in your prayers. May she rest in peace.

RECENT BEREAVEMENT - Cecilia Po Choo Thompson R.I.P, Straight Rd, Romford aged **76** sadly passed away peacefully at Queens Hospital on **Tuesday 20th January**. Her Requiem Mass will be held at **Most Holy Redeemer Church, Harold Hill on Monday 23rd February at 11am** followed by **Bentley Crematorium for committal at 12.30pm**. Please remember Cecilia and her family in your prayers. May she rest in peace.

ST URSULA'S CATHOLIC PRIMARY SCHOOL - St Ursula's Catholic Primary School is pleased to announce that we still have spaces available in our Nursery for September 2026. As one of the only Catholic schools in Havering offering Nursery provision, we warmly invite families from all Havering parishes to consider joining our welcoming community. Whether you are planning to continue your child's education at St Ursula's or another Catholic primary school, we are committed to supporting your child's development and providing a strong first step into Catholic education. For more information, please contact the school office: 01708 345200 or office@stursulaspriaryschool.co.uk **We look forward to welcoming your family to St Ursula's.**

PARTNERSHIP YOUTH EVENT : Join the Romford Parish Partnership for an afternoon of 360° gaming at Lakeside! Open to all students in **Years 9 to 13**.

- **When:** Thursday, 19th February (Half Term)
- **Cost:** £20 (Includes 1 hour of gaming AND a McDonald's meal)
- **Travel:** Meeting at **St Edward's (RM1 4AT)** at **12:25 PM** for group departure (12:35 PM sharp).
- **Return:** Group arrives back at St Edward's by approximately **5:00 PM**.

To Book: Contact **Onose** at romfordyouth@brcdt.org or via the Partnership Instagram page [@romford_youth](https://www.instagram.com/romford_youth) to secure one of our limited spaces.

NEXT MONTHLY YOUTH MASS - **5th March 2026** - Join us for Stations of the Cross during Lent – a simple, meaningful way to slow down, reflect, and journey with Jesus through real-life struggles and hope. *Please note there is NO Youth Mass in April as this falls on Maundy Thursday.*

SIX BIBLE STUDIES ON THE LENTEN SUNDAY GOSPELS - Mauro Iannicelli will break-open the forthcoming Lenten Sunday Gospels with in-depth teaching and stimulating questions. Starts: **Tues 17th February, 2026 @7pm**. Six consecutive Tuesdays: **17 Feb | 24 Feb | 03 Mar | 10 Mar | 17 Mar | 24 Mar (7-8:15pm)**. **Free of Charge | LIVE on YouTube**. Registration: comeandsee.org/lent26

DIOCESAN PILGRIMAGE TO WALSHAM - **23rd May** - Join Bishop Alan and other parishes around the Diocese of Brentwood in Walsingham. We will celebrate Mass at the Basilica before walking the Holy Mile to the grounds of Walsingham Abbey to celebrate Vespers and Benediction on the site of the Holy House. If you would like to come please contact Theresa Murray.

LOURDES WITH OUR DIOCESE: Join Bishop Alan and pilgrims from across our diocese in Lourdes this summer: Friday 17th - Friday 24th July 2026. Bookings will open shortly at <https://www.tangney-tours.com/brentwood>

SUMMER LOURDES PILGRIMAGE (18-25 Jul 2026) - Applications are open online for this years' Lourdes pilgrimage for those in year 10 and above. You can find all information and the link to apply at www.bcys.net/events/sl26. As always, there is funding available for which we can provide advice and support. We hope to have as many different schools and parishes represented as possible so if there is any support we can give, please do get in touch.

ST JOHN BOSCO CHILDREN'S CAMP VOLUNTEERS NEEDED - an amazing volunteer opportunity for this summer. If you are in school year 12 or student age (or any age over 17!) you are very welcome to apply at www.boscocamp.co.uk. The application process includes references and a DBS check, which we can help with, as well as a training and support before and during Camp. Volunteer for 25th July – 1st August or 1st – 8th August. The Camp is a special work of Caritas Diocese of Brentwood and also seeks financial donations – all information on the website.

LOTTERY BONUS BALL

Wed 28th January 2026 Bonus Ball No: 15 "Roll Over" £25

Congratulations to winner and thank you for supporting your Parishes