

## MASS TIMES & INTENTIONS

### Sun 21st Feb

(MHR) SAT 6.30pm:

(StD) 9am:

(MHR) 11am:

### Mon 22nd Feb

(MHR) 9.30am:

### Tues 23rd Feb

(StD) 9.30am:

### Wed 24th Feb

(MHR) 10.00am:

### Thur 25th Feb

(StD) 9.30am:

### Fri 26th Feb

(MHR) 9.30am:

(StD) 7.00 pm:

(StD) 7.30 pm:

### Sat 27th Feb

(MHR) 6.30pm

### Sun 28th Feb

(StD) 9am:

(MHR) 11am:

### **FIRST SUNDAY OF LENT (B)**

James Kirk Patrick (Jock) RIP- Josie

Jan Palowski RIP- Krisha & Kelvin Wilson

People of the Parish

### **The chair of St Peter, Ap**

Theresa Murray -Denise Storrar

### **Feria**

Margaret Shalloe RIP- John & Family

### **Feria**

Funeral of Ena Castles RIP

### **Feria**

Helen Savage RIP- Sheila Murphy

### **Feria**

Bridie Stanton RIP- Val Kelleher

Stations Of the Cross

Margaret Teo

### **SECOND SUNDAY OF LENT (B)**

Loida Palma, Louise Nacubuan - Marities Mendoza

Mr & Mrs Francis Obiechina & Family

James Griffin (unwell) - Lilian Griffin

### PLEASE PRAY FOR

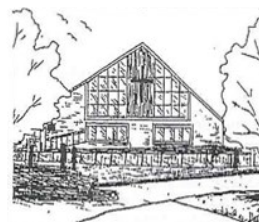
Rita Bracher, Ann Channon, Christine, Deborah DiMoriaku, Stacey Doyle, Mary Eckett, John Farley, Louise Flores, G. Golding Noel Jones, Tania Kavanagh, Daniel Kelleher, Karen Kennedy, Billy Koseda, Julie Levy, Luke, Madeleine, Eileen McGeown, Graham McGeown, Marjorie McHugh, Geraldine McStravick, Susan Newman, Daisy Palmer, Fred Rayner, Ted Rogers, Dee Skene, Della Sloan, William Taylor, Barbara Timson, Tony Tyres, Andreas Vassiliou, June Warrington, Jan Weatherill, Eileen Lacey, Andrew White, Thomas Wrighton, Brenda White, Baby Max, Mark Channon, Simon Bridges, Lynsey Mitchell, Elise Pridmore, Tony Maloney, Jim Griffin and John Barry.

### ANNIVERSARIES OCCURRING ABOUT THIS TIME

Deacon Sidney Lewis, Hazel Gwen McNamara, Frank Kelly, Therese Louisa Marie Stancombe, Leo Fackler, Joseph Harrington, Thomas Jones, Margaret Shalloe, Maria Fackler, George Arthur John Kempshall, Canon Aloysius Roche, Betty Quinn, Elizabeth Buckley, Andy Morton, Patrick Joseph O'Shea, Josephine O'Higgins, John Murphy, Mgr. Jules Van Meehan. Fr. David Chapman

May they Rest in Peace

## The Most Holy Redeemer Catholic Church and St Dominic's Catholic Church



Most Holy Redeemer  
Petersfield Ave  
Harold Hill  
Romford  
Essex RM3 9PB

Parish Priest: Fr Joseph Tan  
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[haroldhillmhr@dioceseofbrentwood.org](mailto:haroldhillmhr@dioceseofbrentwood.org)

Gift Aid: [mhrgiftaid@yahoo.com](mailto:mhrgiftaid@yahoo.com)  
[st.dgiftaid@yahoo.com](mailto:st.dgiftaid@yahoo.com)  
[Most Holy Redeemer Harold Hill & St. Dominic's Church](#)  
(Facebook Page)



Diocesan Website:  
[www.dioceseofbrentwood.net](http://www.dioceseofbrentwood.net)



St Dominic's  
281 Straight Rd  
Harold Hill  
Romford  
Essex RM3 7JS

### **FIRST SUNDAY OF LENT (B)**

**First Reading:** Genesis 9:8-15 **Second Reading:** 1 Peter 3:18-22 **Gospel:** Mk 1: 12-15

21st February 2021

### **FASTING IS THE SOUL OF PRAYER**

There are three things by which faith stands firm, devotion remains constant, and virtue endures. They are prayer, fasting and mercy. Prayer knocks at the door, fasting obtains, mercy receives. Prayer, mercy and fasting: these three are one, and they give life to each other.

Fasting is the soul of prayer, mercy is the lifeblood of fasting. Let no one try to separate them; they cannot be separated. If you have only one of them or not all together, you have nothing. So if you pray, fast, if you fast, show mercy; if you want your petition to be heard, hear the petition of others.

When you fast, see the fasting of others. If you want God to know that you are hungry, know that another is hungry.

Let us offer our souls in sacrifice by means of fasting. There is nothing more pleasing that we can offer to God, as the psalmist said in prophecy: 'A sacrifice to God is a broken spirit; God does not despise a bruised and humbled heart.'

Offer your soul to God, make him an oblation of your fasting, so that your soul may be a pure offering, a holy sacrifice, a living victim, remaining your own and at the same time made over to God.

**Lent Quotes: St. Peter Chrysologus**

**VACCINES** against COVID-19 - The Bishops of England & Wales are encouraging all to take up the offer of the vaccine when it is offered. Pope Francis has already received his vaccine recently. He said that ethically, getting a vaccine against the virus should be a duty for everyone "It is an ethical option because you risk your health, your life, but you also risk the lives of others...it is something one must do".

**LATERAL FLOW TESTS & VACCINATIONS** -To make it even easier to get tested these rapid, Lateral Flow Testing (LFT) centres are now open from 7am to 7pm on week-days and 10am to 7pm on weekends at either

- Collier Row Library, 45 Collier Row Road, Romford RM5 3NR
  - Elm Park Library, St Nicholas Avenue, Elm Park RM12 4PT
  - Harold Wood Library, Arundel Road, Harold Wood RM3 0RX
  - South Hornchurch Library, 138 Rainham Road, Rainham, RM13 7RH
- Gidea Park Library, 168 Balgores Lane, Gidea Park, Romford, RM2 6BS

**Please do not take a test if you have tested positive for COVID in the last 90 days.**

It remains vitally important to **book a test** if you have **COVID-19 symptoms**. **Click** for details of all types of local testing locations and opening hours

**LEARNING FROM COVID** - Sr Gemma Simmonds CJ of Margaret Beaufort Institute, Cambridge, will lead a livestreamed study day on Saturday 6<sup>th</sup> March from 11 am, on the topic 'Learning from Covid: church, state and a better future'. The study day is organised by Gidea Park parish. Free access to the live event will be available on [www.whatgoodnews.org](http://www.whatgoodnews.org) and a recording subsequently on the same website.

**ASH WEDNESDAY 17th FEBRUARY** - There will be 2 Masses on Ash Wednesday. 9.30am at Most Holy Redeemer Church and 7.30pm at St Dominic's. Sprinkling ashes on the top of people's heads, rather than marking foreheads with ashes, is the customary practice traditionally. Given the spread of the coronavirus, the practice has the advantage of not requiring the priest to touch multiple people.

**SEASON OF LENT** - During the season of Lent there will be Stations Of The Cross every Fridays at MHR after 9.30am Mass, and at St. Dominic's at 7pm followed by Mass at 7.30pm. Please make a special effort to come to renew our spiritual lives at this difficult time.

**LENTEN TALKS** - Bishop John Arnold is the first speaker in a weekly series of talks focused on the Catholic response to Climate Change. He is speaking on Thursday 18th February 7.30pm – 8.30pm and the talks continue via Zoom on Thursdays in Lent. To register please email [jane@catholicclimatemovement.global](mailto:jane@catholicclimatemovement.global) and for more information on this area of Catholic life and faith have a look at [www.catholicclimatemovement.global](http://www.catholicclimatemovement.global)

**ENA CASTLES RIP** - For the past few years Ena has been a resident of Dreywood Court. She had been housekeeper for Fr Martin O'Connor and Fr Gerard Gostling in Holy Redeemer, Harold Hill, for many years. Ena passed away on 28th January. Her funeral will be held here on Wednesday 24th February 21 at 10am. May she rest in peace.

**CRIB DONATIONS** - Total amounts raised, through our cribs, for ***Brentwood Catholic Children's Society*** : **£96.69** (MHR) **£48.97** (StD). I also take this opportunity to thank Harold Wood Funeral Services who donated **£175**. Thank you for all your support.

**FOLLOWING MASS ON-LINE** - Fr Britto of English Martyrs livestreams Mass at 10am on Sunday and week-days. To view the Mass, go to You Tube video, search for English Martyrs Catholic Church Hornchurch and click on 'live stream'. Alternatively go to [www.dioceseofbrentwood.net](http://www.dioceseofbrentwood.net) to see other churches in the diocese with livestreamed Masses.

**VENTILATION IN THE CHURCH** - One of the ways to keep the virus from our church is to open the windows and doors so that the church is naturally ventilated. We appreciate that this may make an uncomfortable experience in cold weather. Please come to Mass wrapped up as if it were outside. The hot air heating will be left on as this also contributes to natural ventilation.

**MARRIAGE & FAMILY LIFE** - Marriage is not just a relationship but a vocation and a means of holiness. Please pray for married couples, those preparing for marriage (especially those who have had to defer weddings), and those who have been widowed, especially in the past year. In the run up to St Valentine's Day the Brentwood Marriage and Family Life Facebook page (BrentwoodMandFL) will include interviews with couples from around the diocese. If you are experiencing difficulties in your marriage or would like to deepen your understanding of this vocation and each other, a number of organisations are able to help remotely during the lockdown, such as Retrouvaille, Marriage Care and Smart Loving. Search for these organisations online. Retrouvaille is running its first virtual weekend for couples in difficulty this month, 25th - 28th February (0788 729 6983 / 0797 338 0443 / [retrouvailleukinfo@gmail.com](mailto:retrouvailleukinfo@gmail.com)).

**REVISED NEW JERUSALEM BIBLE** - Why not begin regular reading of the Bible during Lent? Copies of this vibrant new translation are available at the knock-down price of £20 (recommended price is £39.99). Please see or phone Fr Adrian to arrange collection. Payment by cash or cheque (payable to Fr Adrian Graffy) please.

**DIOCESAN PILGRIMAGE TO LOURDES** - The annual pilgrimage in July has been cancelled for this year. However, some form of alternative experience of Lourdes is planned.

**PARISH FINANCES** - Thank you to all those who have arranged to make their weekly contributions by Standing Order. If you wish to switch from your weekly envelope to a Standing Order, just provide your bank with the following details:

The Parish Bank details

**Most Holy Redeemer** are as follows:

Account Name: Catholic Church Harold Hill- **Most Holy Redeemer**

Sort Code: 40-13-22

Account number: 71018957

The Parish Bank details **St Dominic** are as follows:

Account Name: Catholic Church Harold Hill- **St Dominic**

Sort Code: 40-13-22

Account number: 51019082

Thank you for your continued support during this difficult time.